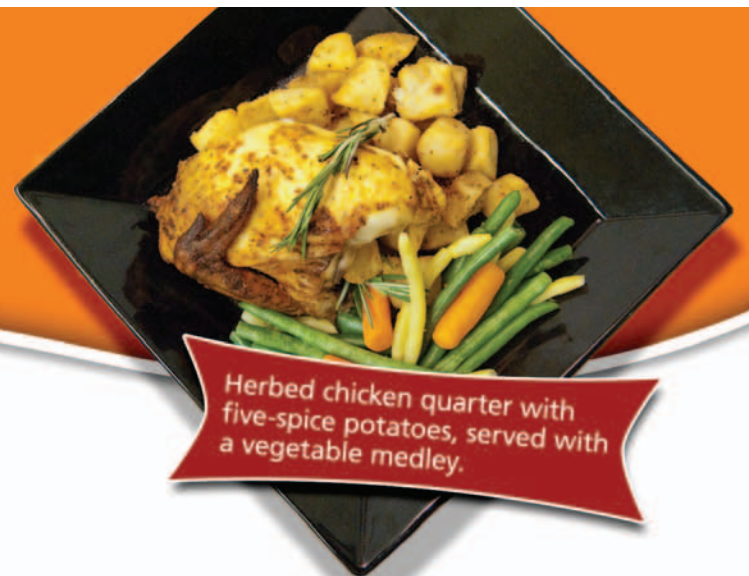


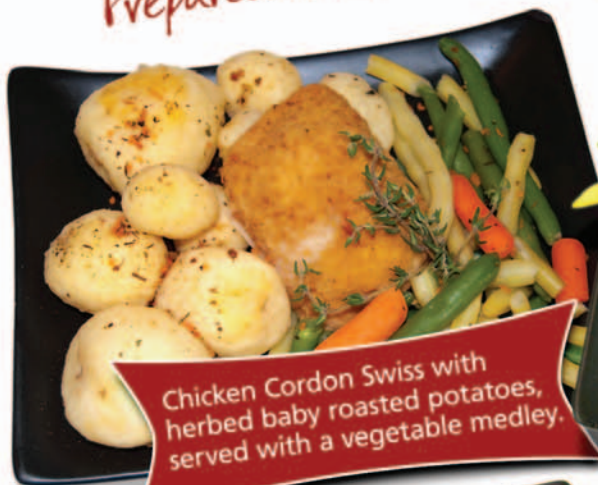
Prepared fresh by Quality Market

Dinner to your Door

Prepared fresh! with only the finest ingredients!



Herbed chicken quarter with five-spice potatoes, served with a vegetable medley.



Chicken Cordon Swiss with herbed baby roasted potatoes, served with a vegetable medley.



All white meat chicken skewers on a bed of Mexican rice, served with a vegetable medley.

Date: _____
 Customer Name: _____
 Address: _____
 Telephone: _____
 Delivery Date: _____

Prices and quantities are subject to change.
 Some items may not appear exactly as illustrated.



Teriyaki beef on a bed of vegetable fried rice, served with a vegetable medley.



Meatloaf with mashed potatoes, served with a vegetable medley.



Stuffed chicken medallions on a bed of herbed wild and white rice, served with a vegetable medley.

#	MEAL DESCRIPTIONS	COST/MEAL	QUANTITY	TOTAL
1	Roast beef with mashed potatoes, and jus, served with a vegetable medley.	\$7.99		
2	Meatloaf with mashed potatoes, served with a vegetable medley.	\$7.99		
3	Teriyaki beef on a bed of vegetable fried rice, served with a vegetable medley.	\$7.99		
4	Herbed chicken quarter with five-spice potatoes, served with a vegetable medley.	\$7.99		
5	All white meat chicken fingers with five-spice potatoes, served with a vegetable medley.	\$7.99		
6	Stuffed chicken medallions on a bed of herbed wild and white rice, served with a vegetable medley.	\$7.99		
7	All white meat chicken skewers on a bed of Mexican rice, served with a vegetable medley.	\$7.99		
8	Chicken Cordon Swiss with herbed baby roasted potato, served with a vegetable medley.	\$7.99		
plus nominal delivery fee			TOTAL	

Meals weigh from 480g to 510g. Meals will be delivered frozen.
 Cash, VISA and Mastercard accepted. GST is extra. Some restrictions apply.



All white meat chicken fingers with five-spice potatoes, served with a vegetable medley.

Roast beef with mashed potatoes and jus, served with a vegetable medley.

Quality Market
 Treating you as family since 1988

TO ORDER CALL:
622-2858

Visit us online: www.qualitymarket.ca

We reserve the right to limit quantities.

Errors may occur, we reserve the right to correct prices.

Some items may not be exactly as illustrated.